

**Title of Training Session:** Substance Use Prevention and Mental Health Promotion– Coalitions Work at the Intersection

**Session Description:**

Conversations with young people reveal that their concerns are not necessarily about drugs and drug use – instead they often identify stress and mental health issues as primary issues in their lives. In their perspective, drug use is a result or reaction to the stressor in their lives. This workshop will explore the intersection of mental health and substance use by exploring the shared risk and protective factors for substance use and mental illness. We will discuss steps coalitions can take throughout the Strategic Framework to understand the relationship - for youth – between substance use and mental health, and to identify strategies to address these co-occurring issues.

**Please list 3-4 learning objectives that state the purpose of your presentation in terms of how it will enable the attendee to do something that can be measured. Your learning objectives should relate to one or more of the knowledge, skills, and abilities you will select below.** At the end of this session participants will be able to:

- Describe the shared risk and protective factors for substance use and mental illness (Knowledge)
- Engage coalition members and youth in discussions about what the intersection looks like in their communities (Skills)
- Identify steps to learn more about prevention strategies addressing these co-occurring issues (Skills)

**How many years of experience ON THIS TOPIC should your target audience have:**

- ✓ 2-4 years of experience

**If your presentation primarily addresses a specific substance(s), please select which one(s):**

- ✓ Non-substance specific substance

**Which of CADCA's Coalition Competencies will your session address? Please carefully review the definitions and associated knowledge, skills and abilities (KSAs) of the core competencies before making your selections.**

- ✓ Planning
- ✓ Development

**Which KSA will you be working on:**

Planning:

- ✓ Evidence-informed approaches (Knowledge of evidence-informed prevention strategies)
- ✓ Systems thinking (Ability to understand and apply knowledge of systemic processes and their influence when planning prevention strategies)

Evidence-informed Strategies:

- ✓ Risk and protective factors (Knowledge of context and strategies that promote or prevent substance use initiation (e.g., neighborhood income and violence)
- ✓ Comprehensive strategies (Examining the benefits of multiple evidence-informed strategies to create a comprehensive approach to prevention)

**Title:** Coalitions and Collective Impact – We are on it!

**Session Description:**

Coalitions DO **Collective Impact** .... They just don't know it! During this session, we will identify key elements of Collective Impact – and how they inform the work of coalitions implementing the Strategic Prevention Framework (SPF) . We will walk through CADCA's coalition planning process to demonstrate how elements of Collective Impact can improve how coalitions: engage community partners to identify a common agenda, develop their logic model and strategic and action plans and implement mutually reinforcing prevention strategies. Examples and worksheets will be provided during the session.

**Please list 3-4 learning objectives that state the purpose of your presentation in terms of how it will enable the attendee to do something that can be measured. Your learning objectives should relate to one or more of the knowledge, skills, and abilities you will select below.** At the end of this session participants will be able to:

- Identify the core elements of Collective Impact and how they relate to the SPF (Knowledge)
- Describe how coalitions implement Collective Impact in their communities (Knowledge)
- Enhance the work of their coalition to include lessons learned from Collective Impact (Ability)
- Engage coalition partner organizations in Collective Impact strategies (Ability)

**How many years of experience ON THIS TOPIC should your target audience have:**

- ✓ 5 or more years of experience

**If your presentation primarily addresses a specific substance(s), please select which one(s):**

- ✓ Non-substance specific substance

**Which of CADCA's Coalition Competencies will your session address? Please carefully review the definitions and associated knowledge, skills and abilities (KSAs) of the core competencies before making your selections.**

- ✓ Change Management
- ✓ Evidence-Informed Strategies

**Which KSA will you be working on:**

Change Management:

- ✓ Data-based decision making (Using data to support collaborative problem solving and decision making for coalition next steps)
- ✓ Team formation (Organizing and facilitating teams of members and stakeholders that can effectively prepare and plan for transitions)

Evidence-informed Strategies:

- ✓ Community context (Knowledge of current norms, community health issues and local context; community and political preferences and actions; and public health resources that may hinder implementation of strategies) Comprehensive strategies (Examining the benefits of multiple evidence-informed strategies to create a comprehensive approach to prevention)
- ✓ Comprehensive strategies (Examining the benefits of multiple evidence-informed strategies to create a comprehensive approach to prevention)